

Spray Tanning 101

Before

- We recommend you obtain a patch test, if you have never used any Self-tanning products before, or have sensitive skin.
- Do not use any other self tanning products 1 week before treatment.
- Wax or Shave at least 24 hours prior to treatment.
- On the day of your Fake Bake treatment take a shower and exfoliate very well paying special attention to your elbows, knees, ankles, feet and hands.
- On the day of your Fake Bake treatment DO NOT wear any make-up, deodorant, perfume, body oils or lotions as these may react with the tanning agents in Fake Bake Spray Tan.
- Wear Loose, dark clothing, sandals or flip flops.

During

- Relax while a professional therapist guides you through your treatment.
- First, the Therapist will prepare your skin with the Fake Bake Oil-Free moisturizer Body Spray by spraying over your hands, elbows, knees and feet to ensure your spray tan blends naturally.
- Your Fake Bake spray tan will then be expertly applied.
- The treatment lasts less than 10 minutes.
- Immediately after your spray tan we recommend you allow a few minutes for the tan to absorb before dressing.
- The initial tan color you'll see is actually a cosmetic guide color.

After

Immediately following your tan:

- Wear loose clothing.
- Allow tan to develop for at least 6/8 hours (overnight if possible)
- Keep skin completely dry.
- Do not apply any products over the developing tan.
- Avoid other beauty/hair treatments while tan is developing.
- Avoid activities that make you perspire.
- Drink hot beverages through a straw as contact with a hot cup can strip color from around your mouth. Toothpaste can also strip color while your tan develops.

After your tan has developed:

- Rinse off remaining color guide with warm/hot water. Once the water runs clear gently wash yourself with a mild soap.
- Avoid products that contain alpha hydroxyl acids (AHA's) as they can also strip your color.
- Avoid swimming pools as chlorine will prematurely fade your tan.
- To prolong your tan use Fake Bake Smoothie Oil or Fake Bake Oil Free Moisturizer daily, locking in color and hydrating your skin.

≈ For Best results ≈ Gently exfoliate 5 days after your spray tan. Every 2 days thereafter to ensure your tan fades evenly & prepare your skin for the next tan.