

Pello Salon and Spa

Waxing 101

Whether it's your first wax with us or your first wax in general, there are a few things you should know.

BEFORE YOUR WAX

1. Let your hair grow out at least 1/4 inch (about three weeks growth). This will ensure we get as much hair as possible. After all, if you're going to endure the pain, we might as well get all the hair at once.
2. Gently exfoliate your skin before your appointment. Using a washcloth in the opposite direction of hair growth can easily do this.
3. Worried about sensitivity? Go ahead and take a couple of Advil an hour before your appointment. Needless to say don't go overboard, it's not as bad as you think.
4. Before and after your appointment, hold off on getting that bronzed look from the tanning bed for at least 12 to 24 hrs.
5. Do not pick (especially the day of your wax). We don't want to reopen a boo-boo during your appointment.
6. The appointment lengths posted are an estimate. If you're scheduled for a 45-minute time-block, it doesn't necessarily mean it will last the entire 45 minutes. You are paying for a service, not an exact treatment time like you might for a massage or facial. Believe us, we want to make it as quick and painless for you as possible. Besides who really wants their wax to be longer anyway?

AT YOUR APPOINTMENT

1. Bring your signed waxing consent form with you to your appointment.
2. Be on time. Not a minute late. Not ten minutes late. We want to use every minute we can to ensure your wax is a total success.
3. Tell your waxer the types of skin care you're using, such as miscellaneous retinal, vitamins A, skin lightener's, acids (glycolic, lactic, and salicylic), etc.
4. Tell your waxer if you've ever had any problems with waxing in the past.
5. Tell your waxer about any allergies you may have.
6. Tell your waxer if you're shy or are more comfortable with certain positions. There is no right or wrong ways to do it, simply different techniques. If you are used to something in particular, please let us know. The last thing we want to do is embarrass you.
7. Ask about post-wax exfoliating options if you have concerns.

AFTER YOUR WAX

1. Don't expect skin to be perfectly normal post-wax. If you're scheduled to make a public appearance, bring makeup to touch up the redness.
2. If you plan on sporting a swimsuit shortly after your wax, remember there may still be redness- you don't want to cause alarm on the beach with a big red back or pink thighs.
3. Don't work out after your wax. Raising your body temperature may irritate those freshly plucked follicles. If you must get your daily workout in, we suggest doing it a few hours before your appointment.
4. Come back for your next wax in 4-6 weeks. Remember, however, 4-6 weeks is the recommended amount of time between waxes. It's different for everyone. Discuss it with your waxer if you have questions about when to book that next appointment.
5. Last but not least, thank you for choosing Pello Salon and Spa, and we hope to see you soon!